

## Eating Skills

- 1 Does your child use a spoon?  Yes  No  
If yes, does your child place the spoon in his/her mouth without turning the spoon upside down and without spilling food?  
 Rarely/No  Sometimes  Most of the time
- 2 Does your child use the side of the fork for cutting soft food, such as a piece of baked potato or a piece of cake?  
 Rarely/No  Sometimes  Most of the time
- 3 Does your child hold a fork in his/her fingers, not in his/her fist?  
 Rarely/No  Sometimes  Most of the time

## Dressing Skills

- 4 Does your child put on his/her shoes? CRITERIA: Buckling, tying or Velcro fastening is not required for credit. unzipped?  
 Rarely/No  Sometimes  Most of the time
- 5 Does your child dress himself/herself unsupervised?  
 Rarely/No  Sometimes  Most of the time
- 6 Does your child put on his/her socks?  
 Rarely/No  Sometimes  Most of the time

## Toileting Skills

- 7 Does your child get on the toilet or potty by himself/herself (even if he/she needs help with clothing)?  
 Rarely/No  Sometimes  Most of the time

## Relationships with Adults

- 8 Does your child have bowel movements (poop) in the toilet or potty (no more than one accident a week)?  
 Rarely/No  Sometimes  Most of the time
- 9 Does your child urinate (pee) in the toilet or potty (no more than one accident a week)?  
 Rarely/No  Sometimes  Most of the time
- 10 Does your child attempt to wipe himself/herself after toileting?  
 Rarely/No  Sometimes  Most of the time
- OR** Does your child wipe himself/herself independently after toileting?  
 Rarely/No  Sometimes  Most of the time
- 11 Does your child take care of his/her toileting needs?  
 Rarely/No  Sometimes  Most of the time
- 12 Does your child go to the bathroom on his/her own without being asked or reminded?  
 Rarely/No  Sometimes  Most of the time

## Relationships with Adults

- 13 Does your child respond with feelings of pride and enthusiasm when he/she earns positive feedback?  
 Rarely/No  Sometimes  Most of the time
- 14 Does your child look forward to sharing his/her feelings with you when he/she is happy?  
 Rarely/No  Sometimes  Most of the time
- 15 Does your child enjoy sharing information with you about himself/herself, such as things he/she likes, names of his/her family members or pets or what he/she did over the weekend?  
 Rarely/No  Sometimes  Most of the time
- 16 Does your child share his/her thoughts and ideas with you?  
 Rarely/No  Sometimes  Most of the time

## Self-help and Social Emotional Scales

3 - 5 Year Olds

### Play & Relationships with Peers

- 17 Does your child have several friends but one who is a special or best friend?  
 Yes       No
- 18 Does your child have a best friend with whom he/she is close and who reciprocates by coming over for play dates or extending an invitation to a party?  
 Yes       No
- 19 Does your child play cooperatively in a large-group game, such as duck-duck-goose, tag or kickball?  
 Rarely/No     Sometimes     Most of the time
- 20 Does your child give verbal directions or incorporate verbal directions into play activities?  
 Rarely/No     Sometimes     Most of the time

### Motivation and Self-Confidence

- 21 Does your child maintain interest when engaged in a small-group activity or project?  
 Rarely/No     Sometimes     Most of the time
- 22 Does your child show that he/she likes to finish what he/she starts, perhaps by dawdling less than at an earlier age?  
 Rarely/No     Sometimes     Most of the time
- 23 Does your child approach new tasks with confidence and a "can-do" attitude?  
 Rarely/No     Sometimes     Most of the time
- 24 Does your child remain focused on what he/she has been asked to do even when there are minor distractions, such as a car making noise outside or someone tapping a pencil?  
 Rarely/No     Sometimes     Most of the time

### Prosocial Skills and Behaviors

- 25 If supervised by an adult, does your child take turns without undue objection?  
 Rarely/No     Sometimes     Most of the time
- 26 Does your child understand or accept the need to share and take turns, perhaps willingly taking turns even if he/she isn't asked to?  
 Rarely/No     Sometimes     Most of the time
- 27 Does your child ask an adult for permission before using things that belong to others or before engaging in an activity that may be restricted, such as going to the bathroom or leaving the classroom?  
 Rarely/No     Sometimes     Most of the time
- 27 Does your child react to a disappointment or failure in an acceptable manner by being a good sport and refraining from shouting or getting upset?  
 Rarely/No     Sometimes     Most of the time