

Self-help and Social Emotional Scales

Toddler (2 yrs)

Name: _____

Date: _____

Eating Skills

- 1 Does your child ask for food when he/she is hungry?
 Rarely/No Sometimes Most of the time
- 2 Can your child hold a cup in one hand and drink from it without much spilling?
 Rarely/No Sometimes Most of the time
- 3 Does your child use a spoon? Yes No
If yes, does your child place the spoon in his/her mouth without turning the spoon upside down and without spilling food?
 Rarely/No Sometimes Most of the time

Dressing Skills

- 4 Does your child take off his/her coat, shirt or pants on his/her own if the article of clothing is left unbuttoned or unzipped?
 Rarely/No Sometimes Most of the time
- 5 Does your child put on his/her shirt, coat, shorts or pants on his/her own? (Buttons, snaps or zippers may be left undone)
 Rarely/No Sometimes Most of the time

Toileting Skills

- 6 Does your child get on the toilet or potty by himself/herself (even if he/she needs help with clothing)?
 Rarely/No Sometimes Most of the time

Relationships with Adults

- 7 Does your child give you affection by kissing, hugging or patting you?
 Rarely/No Sometimes Most of the time
- 8 Does your child look back at you or come back to you often when in a new place?
 Rarely/No Sometimes Most of the time
- 9 Does your child respond with feelings of pride and enthusiasm when he/she earns positive feedback?
 Rarely/No Sometimes Most of the time
- 10 Does your child watch the faces of other people for clues about how they are feeling?
 Rarely/No Sometimes Most of the time

Play & Relationships with Peers

- 11 Does your child pretend to do things that you or other adults do, such as driving a car, cleaning the house or talking on the phone?
 Rarely/No Sometimes Most of the time
- 12 Does your child watch other children play and then join the play briefly?
 Rarely/No Sometimes Most of the time
- 13 Does your child watch other children do something and then try to copy them?
 Rarely/No Sometimes Most of the time

Motivation and Self-Confidence

- 14 Does your child show signs of being curious about the things around him/her through exploring and wanting to do things, such as pulling pans from cupboard or pulling toilet paper roll?
 Rarely/No Sometimes Most of the time
- 15 Does your child exhibit signs of pushing for independence by insisting that he/she do things for himself/herself?
 Rarely/No Sometimes Most of the time

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Prosocial Skills and Behaviors

16 Does your child help put away things, such as his/her books, toys or clothes?

- Rarely/No Sometimes Most of the time

17 Does your child like to perform or show off for you? Does he/she sing, perform acts or do funny things to get you to smile?

- Rarely/No Sometimes Most of the time

18 Does your child give as well as take to avoid or resolve conflicts with other children?

- Rarely/No Sometimes Most of the time